One small gesture for you. One giant leap for your health.

FAOs

- I was unable to take a sample properly (e.g. I got urine on my stools) - what should I do?
- Call Laboratoires Réunis on +352 780 290-1. They will give you a suitable advice.
- Do I have to pay for this screening test? NO, this screening test is for free.
- Can I drop off the blue envelope containing my sample at a different laboratory? NO, you must either post your sample in a letter box or drop it off at a Laboratoires Réunis blood test centre of your choice.

- Who will receive my result?
- It will be sent to you, the doctor you named on your identification sheet and the Centre de coordination des programmes de dépistage des cancers*. The result will be sent within 15 days.
- I have sent my test but forgot to add the identification sheet. What should I do?

Please contact as soon as possible the headquarter of the Laboratoires Réunis on +352 780 290-1. If necessary you will get a new test.

* For more information, please contact:

Centre de coordination des programmes de dépistage des cancers Ministère de la Santé, Direction de la Santé Villa Louvigny, Allée Marconi, L-2120 Luxembourg Tel: (+352) 247-85641, e-mail: colorectal@ms.etat.lu

websites: www.plancancer.lu or www.sante.lu

"I AM TAKING PART IN THE NATIONAL COLORECTAL CANCER SCREENING PROGRAMME"

TEST INSTRUCTIONS THE TEST IN 12 STEPS



Find the test instructions at

www.mytest.lu



HOW TO DO THE TEST?



- Take the identification sheet showing personal information out of pocket 1 and fill it in.



 Remove the large white label from your invitation letter and stick it on the identification sheet.



- **Remove the tube** from pocket **3**.
- Remove the small blue label from your invitation letter and stick it to the flat side of the tube where it is marked "Nom, Date".



- **Make sure** that only the extreme end of the stem is covered in stool matter.
- Insert the stem into the tube and screw the cap back on.



 Ensure that the tube is properly closed and shake it vigorously to mix the liquid with the stool matter.



- Wrap the green absorbent paper around the tube and place it in the plastic protection box.
- Check that you have correctly attached the blue label to the tube and close the protection box firmly.



- **Urinate just prior** to starting your test.
- Remove the stool collection paper from pocket 3 and attach it to the toilet seat using the stickers. Press lightly on the paper to make a slight hollow.
- **Sit on the toilet** and deposit your stools.



Unscrew the tube to open it.
Remove the cap with the green stem.



 Scrape the surface of the stools in several places using the stem so that the ribbed end is covered with stool matter.



 Insert the plastic protection box containing your tube into the clear plastic "Safety Bag" which can be found in pocket 2; seal the bag hermetically.



Insert the completed identification sheet and the "Safety Bag" containing your sample into the blue prepaid envelope showing the Laboratoires Réunis address which can be found in pocket ②. Seal the blue envelope hermetically.



- Mail your blue envelope the same day. If it's not possible to send it the same day or if it's just prior to a weekend or a bank holiday, keep the envelope for a maximum of 3 days in your fridge.
- You can also drop it off at a nearby Laboratoires Réunis blood test centre (www.labo.lu/centres).