



BASICgen

Nutrigenomic Basic Profile



Facts

- The degree of influence of diet on the balance between health and disease may depend on the genetic makeup of a person.
- The 12 selected genes of BASICgen play an important role in several metabolic pathways such as lipid, carbohydrate and homocysteine metabolism, inflammation and detoxification processes.

Who and when should be tested?

Like any preventive test, BASICgen may be performed as early as possible in case of:

- Lipid, carbohydrate or homocysteine metabolism disorders
- Suspicion of lactose intolerance
- Suspicion of bad detoxification of xenobiotics/stimulants
- Chronic and inflammatory diseases

Why BASICgen?

- BASICgen is a “starter” preventive genetic test. It gives a first overview of genetic health capacities in order to prevent, attenuate or cure chronic disease.

Results and Interpretation

- The BASICgen profile highlights one or more genes involved in one or more nutritional fields. According to the genotype, individual targeted dietary recommendations are provided.

Additional Information

- Since BASICgen is a genetic analysis, it needs to be carried out only once in a lifetime.
- Required sample material is either a blood sample or a saliva sample.



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